

## BLESSING FOR RITUAL WASHING OF HANDS

בְּרוּךְ אַתָּה , יי אֱלֹהֵינוּ , מֶלֶךְ הָעוֹלָם ,

Ba-ruch' A-tah', Adonai El-o-hei'-nu, me'-lech ha-o-lam',  
blessed (are) You, Adonai God our, King of the universe,

אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ

A-sher' kid-sha'-nu be-mits-vo-tav' ve-tsi-va'-nu  
Who sanctified us with commandments His and commanded us

עַל נְטִילַת יָדַיִם .

al ne-ti-lat' \* ya-da'-yim\*\* .  
about lifting up of both hands . Gates of Prayer, p. 29

\*from the root נטל defined by Klein (p. 413) as: to lift, bear, take, and ne-ti-lah' defined as "taking, lifting, carrying."

\*\*the suffix "-a'-yim" means two of whatever the main root signifies; in this case two hands. pa-a-ma'-yim = two times; ei-na'-yim = two eyes; chod-sha'-yim = two months, etc.

## THE BLESSING OVER BREAD

בְּרוּךְ אַתָּה , יי אֱלֹהֵינוּ , מֶלֶךְ הָעוֹלָם ,

Ba-ruch' A-tah', Adonai El-o-hei'-nu, me'-lech ha-o-lam',  
blessed (are) You, Adonai God our, King of the universe,

הַמוֹצֵיא לֶחֶם מִן הָאָרֶץ

ha-mo-tsi' le'-chem min ha-a'-rets .  
the (One Who) brings out bread from the earth .